

De La Salle PE Department Participation Policy

The PE Department at De La Salle aim to provide a broad and balanced programme of study in PE at De La Salle. We hope that all boys will engage in, enjoy and learn in all of their PE classes. Regular participation in physical activity is essential in maintaining a healthy lifestyle and for this reason, all boys are expected to participate fully in the programme on offer.

If your child is unable to participate in PE for health / medical reasons, it is important that he brings a note to this effect. However, we strongly encourage pupils to kit out in all practical lessons. Even pupils feeling unwell or suffering from a minor injury can still play an important role in the class. We ask that pupils are only excused from PE in the most serious of circumstances.

Participation in PE is closely monitored by all PE staff. On the rare occasion that pupil forgets part or all of his PE kit, we will endeavour to provide a suitable alternative from our stock to be worn on the day. For purposes of hygiene, we make sure that all of our spare kit is washed so that any pupil needing to borrow it can be assured that it is clean.

*Mr P Wright
Head of PE Department
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