

De La Salle PE Department Mouth Guard Policy

As of 1st January 2013, it is a requirement that mouth guards are worn by **all junior players** when taking part in Gaelic **training or matches**. Parents should ensure that their child has a mouth guard as Gaelic football is delivered to all pupils at De La Salle.

We have recently introduced rugby into the De La Salle PE curriculum. Due to the physical nature of the game we **strongly recommend** that mouth guards are worn in all rugby lessons.

The safety and well-being of all pupils is paramount to the PE staff at De La Salle. We are able to provide 'boil and bite' mouth guards at a cost of £3. Please speak to any member of the PE department

*Mr P Wright
Head of PE Department
September 2013*